



InterPlay

A change agent in creating community through the arts

InterPlay is an improvisational performance method and a tool kit that offers participants easy entry into five performing arts modes: movement, voice, language, and social connection. In addition, a set of principles that give leaders tools that help participants make choices for wellbeing, community skills, and artistry.

Mairi is a certified leader of Interplay and is building a community of others who are also interested in this practice for both personal and professional development.

InterPlay has been developed and founded by Cynthia Winton-Henry and Phil Porter in San Francisco over the last twenty years.

Mairi is happy to lead workshops where there's interest and also initiates workshops and invites the founders of Interplay Phil or Cynthia. In 2013 Mairi organised an InterPlay convergence in Edinburgh with players from all over the world meeting in Edinburgh.

For more info go to:
www.interplay.org